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Dr. Jeff Herten, a native Californian, resides in rural San Luis Obispo with his wife, Debby. His past as a high-functioning alcoholic, his medical expertise, and his

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Hftad, 2012. Pris 235 kr. K p Sobering Truth, What You Dont Know Can Kill You (9780615378466) av Jeff Herten p Bokus.com

### **Jeff herten (@soberingtruth) | twitter**

The latest Tweets from Jeff Herten (@soberingtruth). Physician and author of The Sobering Truth, a book that exposes the medical consequences of alcohol use.

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Q. What excites you most about your book's topic? Why did you choose it? A. I am excited about my topic because, suddenly, after millennia of alcohol use and abuse

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Teens: Rethinking Drinking DVD is a presentation that Dr. Jeff Herten gave to the AVID students at Mesa Middle School about the hazards of teen drinking.

### **The 5 types of college drinkers | on campus |**

The 5 types of college drinkers. Alex Friedrich October 18, 2010, 1:18 PM Oct 18, 2010 2 . So which of these guys is the Copious Confident?

### **Jeff herten (author of the sobering truth) -**

Jeff Herten is the author of The Sobering Truth (4.44 avg rating, 9 ratings, 2 reviews, published 2010) and An Uncommon Drunk (3.71 avg rating, 7 ratings)

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I Got Your Back Just added a new product photo to our client's online store over at The Sobering Truth. Dr. Jeff Herten is doing a great job of spreading the word

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