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Morning Paleo Smoothie Recipe. Start with a base of coconut milk, I usually use a whole can. Add plenty of any fruit you d like. I like to use frozen berries.

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Paleo Smoothie Recipes. A quick smoothie is sometimes just what you need to prep up your day. Paleo Coffee Smoothie. Ingredients (Serves 2) 1 cup Cold Black Coffee

### **Paleo pumpkin smoothie - free recipe by amazing**

Here is a tasty Paleo Pumpkin Smoothie recipe for you, Mariel Lewis January 2, 2013 . Its a really healthy recipe! Reply. Genie May 22,

### **Marisol Lewis (author of paleo smoothies)**

Marisol Lewis is the author of Paleo Smoothies (3.29 avg rating, 7 ratings, 4 reviews, published 2014) Marisol Lewis Author profile About this author.

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15 Paleo Smoothie Ingredients: The World's Best. Do you enjoy smoothies? Smoothie recipe to try:

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