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Definitive Low Carb is the author of Definitive Low Carb - Simple Dinner (4.33 avg rating, 6 ratings, 0 reviews, published 2014), Definitive Low Carb

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Em Elless is the author of best-selling low-carb gluten-free cookbooks: Muffins to Slim By and Yeast Bread Recipes to Slim By. Glycemic Load Diet Cookbook: