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How do I describe "Blowing Zen"? Refreshing, evocative, profound and yet simple. It is about finding a truthful life amid the rush and alienation of modern life.

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Brooks has studied with Japanese masters and is internationally known in shakuhachi circles. He is also a master performer, composer, and teacher who travels worldwide.

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Blowing Zen: Finding an Authentic Life Info Ray Brooks of Victoria has studied Zen flute with Japanese masters after his epiphany in a London nightclub.

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Generally eclectic review

Jun 27, 2012 *Blowing Zen: Finding An Authentic Life* by Ray I first came across the term blowing zen when I began teaching the Music of the World course