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These Yang family t'ai chi ch'uan practitioners are: Master Ip Tai Tak (Yip Tai Tak, In 1982 Yang Zhen Duo founded the Shanxi Yang Style Tai Chi Chuan
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Tai chi theory & martial power : advanced yang

Tai chi theory & martial power : advanced Yang style tai chi. Advanced Yang style tai chi chuan. Vol. 1, Tai chi theory and tai chi jing. 1986. Yang, Jwing-Ming.

Yang style tai chi chuan (home)

Yang Style Tai Chi Chuan is a series of movements (postures and transitions), developed over a century ago by the Yang family in China. These

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that became the de facto manual for Yang style t'ai chi. in 1996 The Tai Chi Boxer, Wu Jing enacts Yang Luchan showing how he Tai Chi Chuan,

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